

Lakeland
Hills
Jewish
Center



Gazette

Editor: Gary Oppenheimer 973-697-0225 webmaster@lhjc.org

Februarv/March 2003

Life is Fragile

*Debby Schweighardt
President
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office@lhjc.org*

The tragedy of the space shuttle Columbia reminds us just how fragile life really is. We make plans and busy ourselves for months, even years, sometimes forgetting what is really important. On the morning of the space shuttle disaster, a small group of Jews were gathering to pray at Lakeland Hills Jewish Center. We wanted to say Kaddish, (the mourner's prayer) but we could not. We did not have a minyan.

Please, please make an effort to come to a Saturday service twice a year (in addition to high holidays). If every one of us attended two Saturdays a year, we would actually have a minyan. We could say all of our prayers and maybe somewhere along the way, we would find the peace of Shabbat. The truth is that we lead hurried lives. There is a book called "The Hurried Child". We could all write a book entitled "The Hurried Grown Up". Shabbat is a time when we are encouraged to slow down. Join us on Saturday and relax, restore, rejuvenate your spiritual soul. We all have one; we just forget to take the time to nourish it.

On a lighter note, we welcome Aharon Steinberg back to the Board as Trustee and Penny Safane as Vice President and Membership Chair. Many thanks to Penny for hosting a fantastic "Meet the Members" Brunch. Everyone had a wonderful time. Those of us who were at the Brunch may remember seeing the new LHJC brochures that were on the table. Thanks to Debbie Schwartz and Larry Kirschbrown for a job well done in creating a brochure that really describes what we're all about as a synagogue. Thank you

Marilyn Oppenheimer for creating our updated membership mailing list and to Gary Oppenheimer for making our website so complete and easy to navigate.

Please remember to participate in our ongoing fundraiser. Go to www.lhjc.org and click on the Amazon.com link (on the "Jewish Links" page) and Lakeland Hills Jewish Center will receive a contribution for your purchases. It's a perfectly painless way to give to our Temple.

I look forward to seeing all of you soon...

B'shalom!

Debby

From United Synagogue

The United Synagogue at 90: Going from Strength to Strength

On February 23, 1913, twenty-two North American congregations representing Jewish communities in Baltimore, Boston, Detroit, Montreal, Newark, New York, Norfolk, Philadelphia, Rochester, and Denver -- gathered in New York to create the United Synagogue of America, known since 1992 as The United Synagogue of Conservative Judaism (USCJ). In the words of Dr. Solomon Schechter, who called the organization into being: "It is a real work of Heaven on which, in my humble opinion, depends the continuance and the survival of traditional Judaism in this country."

Continued on page 9

From The Rabbi

Rabbi Irit Printz
rabbi@lhjc.org



Stepping off the airplane at Ben Gurion Airport as part of the Jewish Theological Seminary's four-day solidarity mission I was reminded of the poem "Some People Kiss Runways" by Danny Siegel:

"I will be at Lod with a barrel of honey to sprinkle on the runway.

I want those who kiss the holy concrete to taste how very sweet the Homeland has become"

I went to Israel because I missed my sisters and nephews and because the price for the trip was incredible. I decided to stay an extra couple of weeks after the mission to be with family and friends. Now, I will be the first to admit that the solidarity mission didn't excite me all that much. After all, I grew up in Israel. I spent almost half my life there. What could a solidarity mission possibly teach me about this place I call Home?

It had been five years since my last visit to Israel and in that time I forgot. I forgot the unbelievable fragrance of the air there - even at the airport. I forgot the way the sunlight shines differently there. I forgot the incredible feeling you get as you step off the stairs and onto the tarmac - the lift and song that fill your heart at the realization that you are in Israel, that you are home. I have personally never kissed the concrete - but I understand the urge that drives people to do it. The feeling of Kedusha, of Holiness, is very palpable - even in a place as secular as the airport.

This was my first trip to Israel since I became an observant Jew and it made me look at everything

around me in a different way. All the things I do as part and parcel of my observant life here took on extra significance there. We davened Shacharit on the Tel Aviv beach as the sun came up. We were reading from the Torah as a couple further down the beach was walking their dog, and a group of people further up the beach was practicing yoga.

On Shabbat, I walked the streets of Jerusalem back and forth between the shul and the hotel. I had my kippa on my head, and my talit bag in my hand and absolutely everyone I passed on the street (whether or not they themselves were en route to shul) said Shabbat Shalom. I listened as staff at Shaare Tzedek hospital talked about preparing for disasters and about looking down at ambulance stretchers and seeing their daughters, husbands, or parents on them. I davened ma'ariv facing the walls of the old city. I ate at McDonald's every day. I had an hour-long talk with an ultra-orthodox man in the middle of the Ben Yehudah midrachov about the future of the Jewish people. I remembered what it is like to see guns everywhere. I was given a blessing by the Rebbi (yes, the one who has been dead for a while, but his Hasid didn't seem to know that and I didn't want to be the one who broke the news to him). I had deeply Jewish, philosophical discussions with random shopkeepers. I cried every time I had to recite "Oseh Shalom". It was one of the most moving and intense experiences of my life. If you've never been there - I highly recommend it. If you have been there already - I highly recommend it anyway.

When I first moved to the States, I was shocked to discover that many American Jews define themselves as Zionists. I didn't think a person could be a Zionist and not live in Israel. I always believed that One can't practice remote control Zionism. I thought being an American Zionist was a contradiction in terms. I no longer think that. If Zionism is about ensuring the viability and survival of the State of Israel, then American Jews have a crucial role to play these days. Because the issue on the table for most Israelis is no longer just the quality of life in Israel.

Continued on page 16

Mazel Tov

Happy Birthday

3/2 Alan Sanders
3/7 Muriel Kanarek
3/7 Beth Rosen
3/11 Debbie Holtzberg
3/12 Rebecca Feldman
3/19 Joel Schwartz
3/23 Doris Markman
3/25 Tod Donow
3/28 Samantha Manjorin
3/28 Eric Frey
4/1 Dan Frey
4/4 Laurel Whitney
4/11 Larry Sanders
4/13 Heide Stiel
4/17 David Spaulding
4/22 Peggy Strauss
4/25 Carly Miller
4/25 Melanie Miller
5/4 Jessica Schiowitz
5/6 Andrea Sanders
5/7 Lon Strauss
5/10 Debbie Schwartz
5/14 Ira Schiowitz
5/15 Ben Sanders
5/15 Andrew Weinstein
5/19 Faith Spaulding
5/19 Alex Tsygutkin
5/21 Peter Sperber
5/23 Jennifer Goldstein
5/23 Adina Judovin
5/26 Amy Miller
5/29 Shari Manjorin
5/30 Arielle Feldman
5/30 Aimee Greenspan
5/30 Elaine Margolies
5/30 April Van Bergen



Anniversaries

3/8 Sherry and Ira Schiowitz
3/26 Heide and Mark Stiel
3/28 Peggy and Dan Strauss
4/1 Debby and John Schweighardt
4/8 Elaine and Jerry Margolies
4/8 Penny and Cliff Safane
4/10 Debbie and Jack Schwartz
4/12 Faith and Rick Spaulding
4/18 Doris and Harold Markman
5/4 Terry and Jake Feldman
5/11 Carolelee and Jules Mendelson
5/29 Julie and Steve Rikon
5/30 Barbara and Peter Sperber

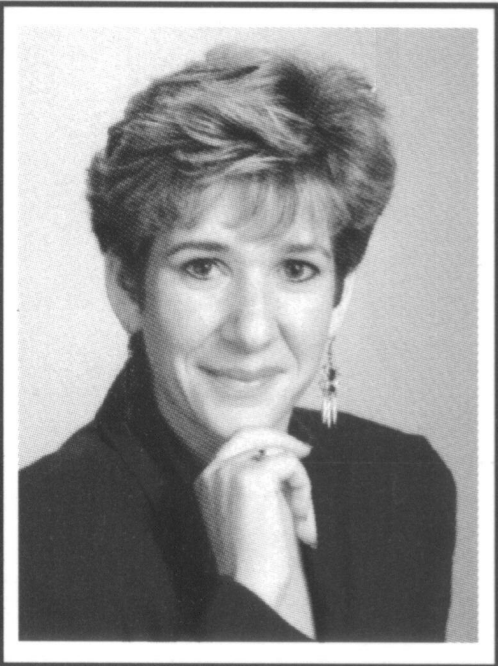
Oneg Sponsors Needed

Please volunteer to sponsor an Oneg for any special events in your life – so that others can share the celebration with you. Contact Debbie Schweighardt 973-962-6398 or office@lhjc.org.

Did we miss something special?

A birthday?
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Item 1.

United Synagogue of Conservative Judaism provides free web hosting for member synagogues, including LHJC.

In addition to the web site that has now become the public display window for the synagogue, USJC has hosted our ListServ. This service allows anyone in the synagogue to send e-mail messages to all LHJC members who use e-mail, in one simple step.

A number of LHJC members, having received an e-mail sent out via the ListServ, have responded by pressing the "reply all" button. As such, the reply was sent not only to the intended recipient, but to the rest of the members as well.

ListServ instructions will be shortly e-mailed to all LHJC members who are in the ListServ (since the Gazette is available anyone choosing to read it directly from the www.lhjc.org web site, providing detailed ListServ instructions in this column would open LHJC members to an onslaught of spam.

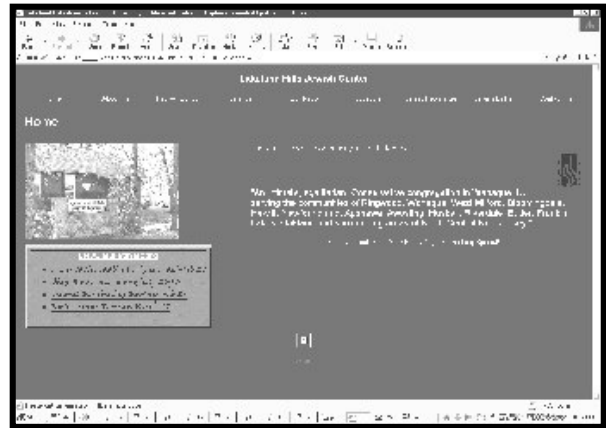
Item 2.

The Jewish Links page of the www.lhjc.org web site is being overhauled to make surfing even easier. Many of the web sites now have a **?** next to them. By simply resting your cursor on the question mark, a brief description of the web site appears without your having to actually go to the site. This should make it easier to find the information you seek.

Item 3.

As Debbie mentioned earlier in the Gazette, LHJC has entered into a special relationship with Amazon.com. Anyone (this includes you, your friends and relatives, business relations, etc.) who makes a purchase on Amazon.com by **first** visiting the www.lhjc.org web site will help LHJC as Amazon.com will credit the temple 5% of most purchases... not only books, but also electronics, clothing, toys, etc. .

It is important however that the purchaser **first** visit www.lhjc.org, and either select the "Shop Amazon.com and help LHJC" on the bulletin



board, or select "Jewish Links" and then select "Shop and support LHJC".

If you do not use the Internet yourself, but you know a friend who does, you might want to ask them to help you with exploring the www.lhjc.org web site and possibly making purchases if desired.

The purchase price you pay through www.lhjc.org is exactly the same as it would be if you'd gone directly to Amazon.com. Also, remember that if you are going to shop on Amazon.com, or any other site for that matter, please make an effort to purchase goods produced in, or sold from Israel.

You can help LHJC and Israel at the same time.

Happy miruP!

Check it out...

This is the first of a series of reviews of web sites worth visiting from the Jewish Links page at www.lhjc.org.

The Steven Spielberg Jewish Film Archive on the Jewish Links page of www.lhjc.org is a major project to make over 500 Jewish related films accessible online over the next 5 years. These films, typically 5 to 20 minutes long cover such topics as life in pre-war Europe, pre-Israel Palestine, life during the war, and later. Each year, about 100 films are added. These films are a wonderful window to Jewish life in the past. If your Internet connection is too slow to view video, you may want to use the free Internet terminals at your library.

LHJC Sisterhood

Orly Steinberg
President - LHJC Sisterhood

The Sisterhood of LHJC met on Sunday, Feb, 16 2003 for the first time. We had a wonderful turnout with a lot of good ideas and enthusiasm. We decided that the Sisterhood of LHJC is about encouraging participation and creating a strong bond thru social events. Our goal is to reinvigorate our membership both within and around our Jewish community. We are excited and enthusiastic about our up and coming events. Look for information in the Gazette and LHJC Calendar.

It was decided that Sisterhood will take on the doing and delivery of the Purim baskets. We will be meeting at the Temple on Sunday, March 16, 2003 at 9:00am for anyone who wants to help in the assembly of the baskets as well as the delivery.

We have also planned a cooking class with "Yaffa" on Sunday April 6, 2003 at 5:30pm at Orly Steinberg's home. Flyers will be sent out with registration and information. We anticipate booking up quickly so send in your registrations A.S.A.P.

In addition we have planned a few other social events and fundraisers which will be lots of fun. Look for information on the website.

We look forward to seeing you at these fun events.

Bat Mitzvah Project

Ariel Feldman is collecting childrens books as part of her mitzvah project for her upcoming Bat Mitzvah. Please bring any childrens books for donation to LHJC, and leave them clearly marked for Ariel.

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Membership and More...

Penny Safane
Membership Chairperson/ 2nd Vice-President
memberinfo@lhjc.org

I hesitate to say this but I like being Membership Chairperson. Usually, I wouldn't make a public statement like that, lest I get stereotyped into the position and have to hold it permanently. However, I think I'm safe because it seems that not many people actually read these articles. This hypothesis is borne out by the fact that despite notices in the Gazette and flyers that come with the newsletter and telephone squad calls and announcements made at the temple, very few congregants actually know what's going on when.

Despite this, we had a good turnout of prospective and current members at the Meet-the-Members-of-LHJC Brunch, which was held at our house on February 9th. We spent a very enjoyable couple of hours socializing with each other and munching on delicious baked goods, spreads and salads prepared and donated by members. In addition, Goldberg's Bagels donated five-dozen bagels.

This is one of the reasons I enjoy chairing Membership. It is gratifying to host events that bring people together and I am fortunate to have five dedicated, hard-working committee members to help plan and carry out membership activities. Thank you Orly Steinberg, Debbie Schwartz, Cliff Safane, Jason Okin and Robin Abrett. In addition, many other congregants including the Judovins, the Oppenheimers, Debby Schweighardt, Cheryl Kiviat, Lori Steele and Liane Adler, helped make the brunch successful by publicizing the event, bringing food, etc. It is heartwarming to see so many LHJC members committed to the growth of LHJC. Thank you everyone!

Also, I enjoy working on Membership because it is vital to the future of LHJC and it touches so many other areas of temple activities. It is tied to Hebrew School, because families with children are interested in Judaica. It is also tangential to Adult Social, because prospective and current members want to feel they are part of a community.

Upcoming Membership events include: February 28th – Prospective Members Oneg and March 14th – Family Night. More activities are in the works that directly and indirectly impact on Membership, but I won't mention them yet. You'll just have to pay attention to future flyers, articles and other notices.

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Grin

Rabbi Schwartz answers his phone.

"Hello is this Rabbi Schwartz?"

"It is."

"This is the IRS. Can you help us?"

"I can."

"Do you know a Sam Cohen?"

"I do."

"Is he a member of your congregation?"

"He is."

"Did he donate \$10,000?"

"He will."

United Synagogue at 90

Continued from page 1

In the decades since 1913, much has changed. North American Jewry now numbers over 5 million people, and the United Synagogue consists of 760 congregations ranging from small to very large. Nevertheless, the goals of the organization have remained constant.

This past spring, the United Synagogue adopted a Vision Statement holding that the organization "promotes the role of the synagogue in Jewish life in order to motivate Conservative Jews to perform mitzvot encompassing ethical behavior, spirituality, Judaic learning, and ritual observance." In its Mission Statement, the group committed itself to strengthen and serve its congregations and their members by creating, developing and disseminating educational, religious and tikun olam programming to meet their needs.

The development and growth of United Synagogue Youth (USY), which recently celebrated its 50th anniversary and currently involves over 25,000 teens and pre-teens each year in its youth groups and summer programs. The United Synagogue has also overseen the development of hundreds of congregational schools as well as a growing array of Solomon Schechter Day Schools, now numbering over 70. Working together with KOACH, the USCJ Department of College-Age Activities, these programs have equipped hundreds of thousands of young people to live as Jews with a strong and lasting attachment to the Jewish people.

The United Synagogue HAZAK program for mature Conservative Jews (55+) is growing rapidly. Patterned on USY, where members are linked together through chapters, HAZAK affirms the traditional Jewish view that mature adults should have the opportunity to continue to learn and be active.

In recent years, the United Synagogue has been actively engaged identifying and training leaders in its member synagogues and in reaching out to small and/or isolated congregations.

The United Synagogue has been committed to the cause of Israel and world Jewry from its very inception. As far back as 1926, it was instrumental in creating the Yeshurun Synagogue in Jerusalem as a gift to the Jews of the Holy Land. To bind together like-minded synagogues all over the world, the United Synagogue organized the World Council of Synagogues in 1957. In 1972, the United Synagogue created the Center for Conservative Judaism in Jerusalem (now the Shirley and Jacob Fuchsberg Center), which serves as a major Conservative Jewish presence in the State of Israel. The USCJ Yeshiva - the first Conservative yeshiva in Israel -- provides a place for young men and women to engage in intensive Jewish study.

The United Synagogue was created to help affiliated congregations function effectively and to enrich the spiritual lives of Conservative Jews. Through its awareness of communal responsibility, adherence to religious observance and strong sense of commitment, the United Synagogue continues to move into the future as a dynamic force.

This year marks the 90th anniversary of the United Synagogue, founded in 1913 by Dr. Solomon Schechter. The United Synagogue of Conservative Judaism promotes the role of the synagogue in Jewish life in order to motivate Conservative Jews to perform mitzvot encompassing ethical behavior, spirituality, Judaic learning, and ritual observance. Combining an awareness of communal responsibility with a strong sense of commitment, the United Synagogue is a dynamic force within the Conservative Movement.

Center for Food Action

Girl Scouts Troop #283 is collecting "Baby Bundles" for the Center for Food Action.

Needed mostly are diapers, wipes, baby shampoo & washes, diaper rash ointment, Pedialyte and soy formula.

These items can be dropped off at the Eckerd or Stop & Shop. Please contact Lisa Ranshaw at 973-962-0586 for more information.



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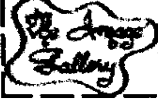
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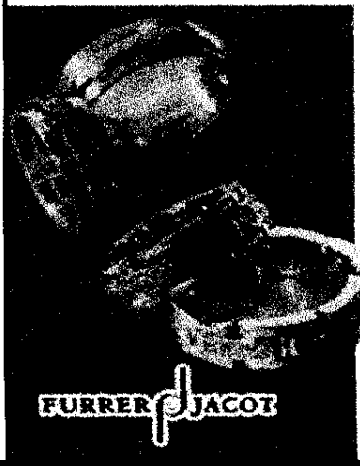
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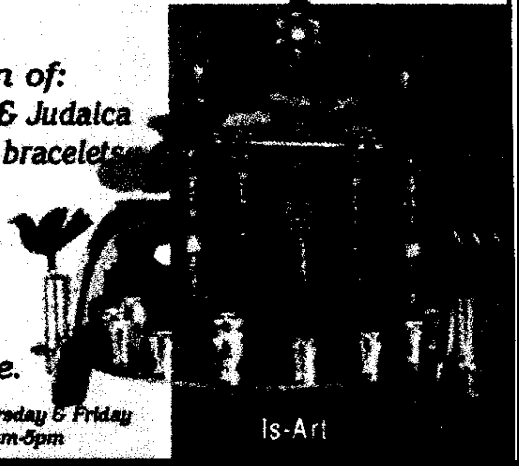


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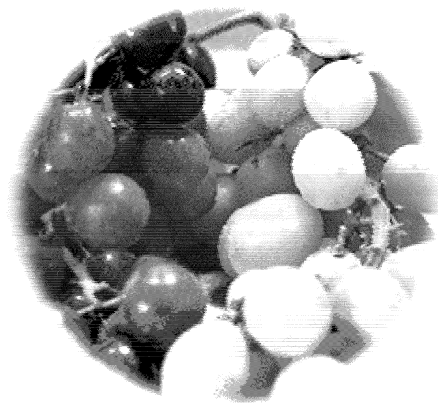
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Hebrew School Report

Lori Steel
973-616-8778
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We begin the year 2003 by bidding farewell to Debbi Schwartz. We thank her for her years of dedicated teaching and would like to extend our best wishes to her in all future endeavors. We look forward to working with her in other aspects of the Temple.

We welcomed a new weekday Hebrew School teacher, Jann Press aboard. Jann began her stint with us with a wonderful Tu B'Shevat Seder celebrating the birth of the trees. The children, joined by their parents enjoyed sampling different fruits, nuts and wheats, went on a treasure hunt, sang songs and heard stories. It was a nice way to get acquainted and a holiday celebration, which I hope turns into a yearly tradition for our school. In addition, the children pooled together their dollars to plant a tree in Israel in the school's name.

We are busy working out the details of a class trip, planned for late March. Information on this will be forthcoming – please check your children's backpack for a flyer in the upcoming weeks. We will be visiting the Museum of Jewish Heritage in New York City. We've chartered a bus for the occasion and we're looking forward to doing something exciting and informative with our children.

I'd like to thank Heidi Halberstandtr for her work on the Frozen Cookie Dough/ Cheesecake Fundraiser she put together and coordinated. It was delicious, fun and profitable. The money we raised will be used for our field trip.

I'd also like to thank my Right Hand – Cheryl Kiviat, for all her hard work and support, as usual.

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Taschen

Submitted by Marilyn Judovin

It is that time of the year again, when every kosher bakery and Jewish home is filled with that great Purim delicacy called the h---tasch.

As I pointed out last year, it is so absurd that we name a Purim gastronomic centerpiece after the arch villain who wanted to destroy the Jews, and for whom the obligation "timheh et zekher Amalek..." (obliterate the memory of Amalek) surely applies.

We got to this via an unfortunate error. A tasch is a pocket. The Purim pocket symbolized the essence of the Purim miracle as being of the camouflaged variety. It was a miracle cased in an unusual, intriguing, but nevertheless non-miraculous story. In Purim, what you get is much more than what you see.

In the tasch, you likewise get more than what you see. Since seeds, or "man," were involved in the fateful meal, filling the pockets with "man" was not an unusual way to celebrate on Purim. These pockets were called mantaschen. In Hebrew, when referring to "the mantasch," the word used would be "hamantasch."

From this derived the mistaken reference to all taschen as hamantashen. It is a serious error, because every time we refer to this delicacy, we give undeserved, even if unintended honor to an evil person.

There is no precedent for us doing this with any other villain in Jewish history. It is a mistake that we would be well served to correct. A bakery in Ottawa does not sell h----

taschen. But they do sell prunetaschen, man-taschen, blueberry-tashen, etc.

Admittedly, Judaism will not rise or fall on this issue, and there are obviously more pressing items on the Jewish agenda. But it strikes at the very core of all that we represent that we reject evil, that we give it no quarter, no honor, and certainly no posterity, as we do every time we wrongly refer to that great delicacy.

So, please do your bit to correct this error, in your local bakeries, congregations, homes, and consciousness.

A very happy and taschen-laden Purim to you all.

Rabbi Reuven P. Bulka, Congregation
Machzikei Hadas,
Ottawa, Ontario, Canada

Internet Radio from Israel

We received this from Ofer Lahav in Israel after he visited lhjc.org

We would like to draw your attention to an internet radio station broadcasting from Israel (main studio is in Eilat). The station name is Radi-Yo, at <http://www.radi-yo.co.il>

A live broadcast goes on every evening (Israel time) with hope to extend them later on. At the rest of times we broadcasts both local and international music. The broadcasts are accompanied by a chat that gives people from outside Israel to meet nick-to-nick [sic] with people from Israel.

Nu... What's so funny?

Thoughts About Kosher Computers.

If you are considering a kosher computer, you should know that there were some required changes, such as having two hard drives, one for fleishedik business software and one for milchedik games.

The Chanukah screen savers include Flying Dreidels. My PC also shuts down automatically at sundown on Friday evenings.

After my computer dies, I have to dispose of it within 24 hours.

My Start button has been replaced with a "Let's go, I'm not getting any younger" button.

When disconnecting external devices from the back of my PC, I am instructed to "Remove the cable from the PC's tuchus."

Internet Explorer has a spinning Star of David in the upper right corner.

I hear Hava Nagila during Startup.

Microsoft Office now includes: a little byte of this, and a little byte of that.

When running ScanDisk, I am prompted with a "You want I should fix this?" message.

When my PC is working too hard, I occasionally hear a loud "Oy Gevalt!".

I saw a monitor cleaning solution from Manischewitz that advertises that it gets rid of the "schmutz und drek" on your monitor.

After 20 minutes of no activity, my PC goes Schloffen.

Computer viruses can now be cured with some chicken soup

I didn't get a mouse... I got a yad, which makes sense 'cause apparently I'm not allowed to touch the Scroll bar.

When I open AOL, the announcement doesn't say "You've Got Mail". Instead, it says "You don't WRITE, you don't CALL!"

Don't have an Option button; instead, it says "On The Other Hand..."

When I press Delete or Trash I get a Dialogue Box which says "Listen, you never know, you might need this someday. So Cancel?"

When I click on Clean Up Windows, it tells me it doesn't DO windows.

A Jewish Couple....

A Jewish couple is sitting together on an airplane flying to the Far East.

Suddenly, over the public address system, the Captain announces: "Ladies and Gentlemen, I am afraid I have some very bad news. Our engines have ceased functioning and this plane will be going down momentarily. Luckily, I see an uncharted island below us that should be able to accommodate our landing. However, the odds are that we will never be rescued and will have to live on the island for the rest of our lives."

A few minutes later the plane lands safely on the island. Morris turns to his wife and asks, "Esther, did we pay our pledge to the yeshiva yet?"

"No, Morris" she responds.

Morris smiles and then asks, "Esther, did we pay our UJA pledge?"

"Oy, no! I haven't sent the check!!" she says.

Now Morris laughs out loud. "One last thing, Esther. Did you remember to send our Temple Building Fund check this month?" he asks.

"Oy, Morris I haven't sent that one, either!" says Esther.

Now Morris is practically choking with laughter. Esther asks Morris, "So, nu? What are you smiling and laughing about?"

Morris answers confidently, "They'll find us."

Columbia Memorial Project

Editors Note: The below was recently sent out by the Jewish National Fund president, Ronald S. Lauder

Dear Friend,

It is with much sorrow and a deep sense of commitment to the legacy of Israeli Astronaut Ilan Ramon and his fellow Columbia crewmembers that we send you this email today.

It seems unbelievable that only one week ago we emailed you with Mr. Ramon's request to have "13 or 14 million new trees planted in Israel exactly one year from now, on the anniversary of the [Columbia] launching."

To fulfill this dream and the requests from many of our supporters worldwide, JNF is coordinating a global effort to plant trees throughout Israel, including on Air force Bases. JNF is also establishing a memorial in American Independence Park in Jerusalem in memory of all seven astronauts who were aboard the space shuttle Columbia.

American Independence Park, developed more than 25 years ago, as an enduring symbol of friendship between the United States and Israel, also contains a memorial for the crew of the Challenger.

If you or someone you know would like to plant trees in Israel or to donate toward the memorial, please use call 800-542-8733 or go to www.jnf.org. We will send the tree certificate directly to the astronaut's families.

Let us join together to memorialize these seven remarkable individuals who were taken from us much too soon and much too tragically with a gift that gives life--trees. Let us meet this catastrophe with the perseverance to fulfill the aspirations of Ilan Ramon.

May all of the families of the astronauts be comforted among the mourners of Zion. We pray for the strength of the families and the people of the United States and Israel.

The Passing of a Friend

*Submitted by
David and Marilyn Judovin*

Lakeland Hills Jewish Center Cantor Sol Nachemin passed away in December, 2002. Cantor Sol was our cantor for so many years until he retired about ten years ago. His wonderful singing echoed throughout our synagogue during high holidays.

With his dear wife, Rae, Sol shared the holidays with a few families in our community. In the last of his working years, he spent many with us. On Yom Kippur morning, we recall his "warming up" with high notes and low notes. It filled our home with warmth and melody. For an erev Yom Kippur dinner he sang a medley of 'The Music Man' songs.

When Adina was a Bat Mitzvah, having invited Sol and Rae, he volunteered to be our cantor. What an honor!! He was magnificent (and so was Adina).

On Sol's 80th birthday, he threw himself a party in his synagogue, Temple Gates Of Prayer in Flushing, NY. Not just a party, but an affair with over a hundred people in attendance. We were so honored to be invited. On his 85th birthday, he and Rae did the same. He even sang a selection from the 'Student Prince' with his brother, Meyer. They were wonderful.

We spoke through his retired years. He had his problems with health but forged through even after the passing of Rae a few years ago.

I'm sure Lakeland Hills Jewish Center and everyone who knew him is saddened by the loss of Cantor Sol Nachemin.

From the Rabbi

Continued from page 2

For the first time since the creation of the State, the issue is fast becoming whether or not there will even BE a state of Israel in 10, 15, 20 years.

The most shocking thing during this trip was to hear Israelis say that they don't think there will be a State of Israel in 50 years. That it is simply a matter of time. If the terrorism won't get us, they say, the disintegrating economy will. A popular bumper sticker reads "Things will turn out well. Details are unavailable as to time or place". They are demoralized. They are exhausted. They feel abandoned. They don't think we care, or that we want to help them in their fight.

Going to Israel was my way of telling them that they are not in this alone. It was my way of telling the terrorists that they cannot win - they can't make me abandon my people and they can't scare me out of visiting my home even if they do manage to fill me with fear. And fear is a big issue, I know, I feel it too. Tourism shouldn't include putting your life on the line, people tell me. I could say many different things in response to that. I could tell people that "danger" is a relative thing, that my Israeli friends thought I was crazy to move to a dangerous city like New York, that people are much more likely to die from a car crash or in the course of a violent crime here than in Israel, or that no tour group was ever hurt in Israel. But the bottom line is that people are scared to go, and that is fair enough. It is just important to realize that there is much more at stake than whether or not Tel Aviv hotels are full this winter.

Over the last few weeks we've been reading in the Torah about the building of the Mishkan - the Tabernacle. Building and maintaining that focal point of the Israelite people took work and effort from everyone. But not everyone participated in precisely the same

way - some, like Moses, directed the whole project; some, like Betzalel, designed it; many unnamed people helped to physically put it together; some donated the materials; others gave moral support through song and dance. Each person did there as much as they could to support a project that was crucial to the survival and continuity of the people. They all worked together to create a magnificent whole.

Today, the focal point we need to work on is Israel. I can't tell you what you should do to support it. Only you know how much you can do, how far you are able to go. I can only tell you what is desperately needed. Israel needs tourists. Israel needs to know it is not alone. Israel needs help with its economy. I truly believe that the best way to help right now is to go to Israel for a visit. But if you can't do that, there are other ways to help too: Inform yourself about the situation in Israel, don't rely on CNN, read Israeli newspapers; buy Israeli products - go to Israeli fairs, shop on the internet, register for weddings on Israeli sites, buy Israel bonds; write letters to your congressperson urging support for Israel.

One of my favorite Midrashic teachings comes from Tanhuma on Parashat Nit-zavim. In it the rabbis tell us that Israel is like a forest of reeds. Standing alone, separate reeds are weak and easily broken. But bound together, they are strong, and hard to tear apart. I went to Israel, and I am going back again, to add just one more reed to the bound group of reeds that is the Jewish and Israeli people.

Passover is coming soon. At this year's Seder, when you sing "Next year in Jerusalem", make up your mind to make it more than a song. Add one more reed to our people. Add your voice to the story.

Rabbi Irit Printz

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Yoga Dynamics

Winter Schedule 2002-2003

Tuesday	7:00p - 8:30p
	8:30p - 10:00p
Wednesday	9:30a - 11:00a
Thursday	9:30a - 11:00a
	11:00a - 12:30p

Class size is limited and by appointment only
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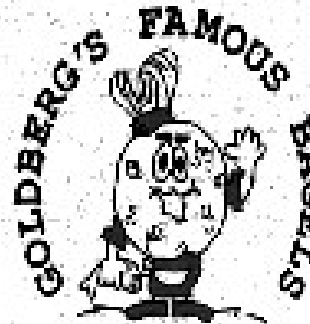


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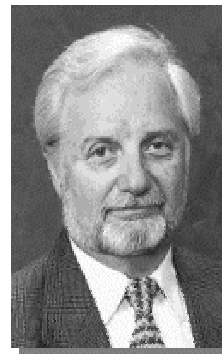
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Where — Orly Steinberg's kitchen, 35 Choctaw Trail, Ringwood

What — Passover Delectables including Cod Fish in Tomato Sauce, Stuffed Artichokes, & Coconut Meringue Cookies.

Who — Yaffa is a professional Jewish Mother (Orly's) & cook.

Why — An LHJC Sisterhood sponsored event; you'll have fun, learn some of Yaffa's cooking secrets and help LHJC.

How — \$25 members of LHJC sisterhood / \$35 non-members; fill out registration form and return ASAP! Seating is limited.

***Make check payable to LHJC Sisterhood and return to:
Orly Steinberg c/o Coldwell Banker
Fieldstone Shopping Center, Ringwood, NJ 07456.***

Questions? Call Orly at 973-962-7007

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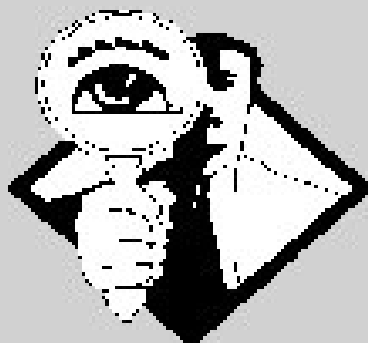
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What's Cookin' Good Lookin'?

Dairy Matzoh Kugel

From the kitchen of Marilyn Judivan



1	Lb	Cottage cheese
3	Eggs	Well beaten
$\frac{1}{2}$	Cup	Warm milk
1	Cup	Sour cream
6-8		Matzos
$\frac{1}{4}$	Cup	Sugar
		Cinnamon
pinch		Sugar
		Juice of $\frac{1}{2}$ Lemon

Editors Note: The Gazette welcomes any contributions - particularly those associated with an upcoming Jewish Holiday.

1. Break matzos into a bowl, and pour warm milk over it.
2. Preheat oven to 350° F
3. Mix rest of ingredients, except cinnamon, together and mix with matzoth and milk.
4. Top with cinnamon (or cinnamon and sugar mixture).
5. Bake in 9X13 pan at 350° for about 1 hour.
6. Cook and drain noodles.
7. Melt margarine in a 13"X9" pan

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Final Notes

Looking for the date and time of the next LHJC function?

Missed the latest sermon from Rabbi Print (and these are *really* good... easy to read, better to hear)?

Want to learn about how to prepare for the next holiday?

An online Hebrew dictionary?

Learn about the history of Jews in America?

Where to buy Kosher Bison?

Want to read the Jerusalem Post online?

Visit the Simon Wiesenthal Center?

Looking to visit the Jewish museum of New York? Baltimore? Florida? Greece? London? Vienna? Canada? Sydney? Visit www.lhjc.org – it's all there.

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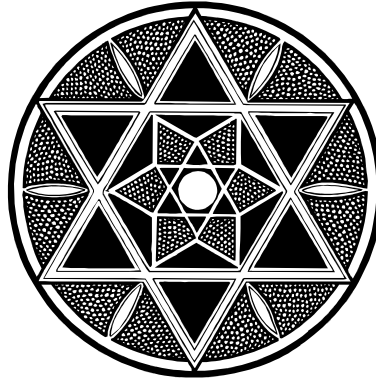
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Information Related to the Departed

English Name	
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Your name/address	



**Lakeland
Hills
Jewish
Center**



Gazette

Editor: Gary Oppenheimer — 973-697-0225 webmaster@lhjc.org

February 2003

Lakeland Hills Jewish Center

**PO Box 115
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